

GRIEF SUPPORT & COUNSELING RESOURCES

The following is a list of some of the available support group/counseling resources in and around the DFW Metroplex. If you need help locating a support group or counselor near you, please contact the Bereavement Coordinator at Envoy Hospice at 817-289-3990.

Arborlawn United Methodist Church

5001 Briarhaven Road
Fort Worth, TX 76109
817-731-0701

This six-week support group is designed to provide individuals who have lost loved ones with a comfortable environment to express their thoughts and feelings regarding their loss, find a sense of hope for the future, and equip them with the tools to help others.

Christ Chapel Bible Church Soul Care Counseling Center

3701 Birchman Ave,
Fort Worth, TX 76107
817-731-4329
Grief Support Groups/Individual Grief Counseling

Cross Timbers Church/Argyle Campus

Journey Towards Joy

1119 U.S. 377
Argyle, TX, 76226
*8-week group commitment *Registration is required *No class fee *Offered twice a year
940-240-5100

First Baptist Church Arlington Counseling Center

301 S. Center Street
Arlington, TX 76001
817-276-6412

Group and individual counseling to help with various issues including grief and loss. Able to work with individuals based on what they are able to afford. (Also offer GriefShare groups)

First United Methodist Church Fort Worth

Grief Recovery

800 West 5th Street
Fort Worth, TX 76102
817-336-7277

This is a four week grief support group that meets on four consecutive Sundays in February, May, August and November from 9:30-10:30am. There is no charge to join a group. Contact church to register and to find out more information.

Gateway Church—multiple locations in metroplex

See www.care.gatewaypeople.com for more information about various groups offered, meeting times, locations

Grief and Loss Center of North Texas

4316 Abrams Road, 2nd Floor North End
Dallas, TX 75214
214-452-3105

www.mygriefandloss.org

Grief and Loss Center of North Texas offers hope, purpose and belonging to those who suffer loss. We provide unconditional acceptance, compassion, understanding and confidentiality in a loving, nurturing environment. We offer various support groups throughout the week. Please contact our office for more information or visit our website.

Grief Share (NUMEROUS MEETINGS IN AND AROUND DFW METROPLEX AREA)

Go to www.griefshare.org to locate a group near you.

GriefShare groups meet weekly at numerous locations around the country. GriefShare exists to help you face the challenges that emerge when going through the grieving process, and to help you move toward healing. Each GriefShare session has three distinct elements: video seminar with experts, support group discussion with focus, workbook-based personal reflection/discussion.

Huguley Memorial Medical Center

Grief Recovery

Pastoral Care Office: Medical Office Building 3, Suite 342
11801 S. Freeway
Fort Worth, TX 76028
817-551-2733 (Pastoral Care Department)
817-293-9110, ext. 2733

The hospital offers five grief support groups per year. The groups meet on Monday nights for five consecutive weeks in the pastoral care office from 7:00-8:30pm.

Lewisville Counseling Services

751 Hebron Parkway Suite 305-B
Lewisville, Texas 75057
469-645-1375

Lovers Lane United Methodist Church

Grief Support Group

9200 Inwood Road
Dallas, TX 75220
Contact Rev. Walt Lunde at 214-706-9594

Group members provide support to one another and gain insight together about their grief journeys. The Grief Support group is run for 6 weeks in the spring and in the fall.

Prestonwood Baptist Church (Plano Campus)

Grief, Loss and Transition Workshop

6801 W. Park Blvd.

Plano, Texas 75093

972-820-5000

This workshop is available in the fall and spring, and meets every Tuesday for nine weeks from 6:30 to 8:00 p.m. Individual Grief Counseling: Private, person-to-person counseling is also available throughout the year by appointment only (972-820-5112).

Richland Hills Church of Christ (The Hills Church)

Grief Recovery /Individual counseling resources

6250 NE Loop 820

North Richland Hills, TX 76180

817-581-3303

A grief support group that begins on the first Tuesday of each month (except for the month of December). The group meets for six consecutive weeks from 7:00-8:30pm. There is no cost. For more information and/or to pre-register, visit www.thehills.org or contact Debbie in the counseling center.

Widowed Persons Services of Dallas

Cochran Chapel United Methodist Church

9027 Midway Road, Dallas, TX 75209

(214) 358-4155

widowedpersonsDallas.org

The Widowed Persons Support Group offers a six week series of grief counseling sessions for persons who have been widowed within the first two and a half years. These free sessions are designed to address grief in a confidential and respectful manner. They are held on Sunday afternoons from 2:00 till 4:00 p.m. and are usually offered three to four times per year.

Ongoing grief support is also available through outreach volunteers who have been trained to respond to those referred by the WPS office staff.

Widowed Persons Services of Tarrant County

2906 SE Loop 820, Suite A

Fort Worth, TX 76140.

817-551-2922

<http://wpstc.org/grief-support>

The Widowed Persons Support Group offers a six week series of grief counseling sessions for persons who have been widowed within the first two and a half years. These free sessions are designed to address grief in a confidential and respectful manner. They are held on Sunday afternoons from 2:00 till 4:00 p.m. and are usually offered three to four times per year.

Ongoing grief support is also available through outreach volunteers who have been trained to respond to those referred by the WPS office staff.

Grief Support Resources for Children

Gateway Church: Kids In Grief

Southlake Campus

For more information, contact Rebecca Freed at 817-552-7454 or email

relationalcare@gatewaypeople.com or see website www.care.gatewaypeople.com

Trained and caring facilitators serve as grief companions as the children walk through their pain and find healing. We have breakout groups for children ages 5–8, 9–12, and 13–18. We ask that parents remain in the building during the event. We provide support to parents with a breakout group specifically for adults.

GriefWorks Fort Worth (Support for children and adults)

FORT WORTH LOCATION OPENING 2017

2214 Hemphill Street

Fort Worth, Texas 76110

972-960-9981

GriefWorks is a free grief support group program for children ages 5-18 that have experienced the death of someone close to them. We believe restoring a child's hope after experiencing a death will allow them to have healthy future relationships. At GriefWorks, we provide a safe and loving environment where children and teens can share their stories of loss and explore their grief openly.

Our adult grief support group "Love Never Dies" offers support to anyone over the age of 18 who is experiencing grief and loss.

GriefWorks Dallas(Support for children and adults)

5440 Harvest Hill Road

Suite 140

Dallas, Texas 75230

972-960-9981

See description above.

Journey of Hope Grief Support Center (support for children and adults)

3900 W. 15th Street, Suite 306

Plano, TX 75075

972-964-1600

Journey of Hope Grief Support Center is a non-profit organization dedicated to providing group grief support to children, adolescents, and their parents or adult caregivers who have lost a loved one to death.

The W.A.R.M. Place (What About Remembering Me)

1510 Cooper Street

Fort Worth, TX 76140

817-870-2272

The WARM Place provides grief support services at no charge for children ages 3½–18 and their families, as well as young adults ages 19–25, who have experienced the death of a mother, father, sister, brother, or other loved one. Call for more information about available groups and services.